



Nursing Home Checklist

Cost

- Is the facility's daily rate reasonable?
- Are there extra charges beyond the daily rate?
- Is financial assistance (Medicare, Medicaid) available?
- Do I have to guarantee payment out of my own funds?

Environment

- Is the facility clean, tidy, and free of odor?
- Is the facility homelike? Or is it very institutional?
- Are small day or activity rooms available and in use?
- Are residents encouraged to bring personal possessions?
- Are there safe indoor and outdoor areas available?
- Do residents have access to private space? Private use of a telephone?

Meals

- Do meals meet residents' dietary needs and accommodate their preferences?
- Do residents receive assistance with meals as needed?
- Are residents given sufficient fluids?

Staffing

- Do staff members have necessary skills?
- Does the facility appear to have enough of a staff?
- Does the staff receive orientation and ongoing training?
- Is the staff stable? Or is there a lot of turnover?
- Does the staff seem to have a caring attitude?
- Is there an atmosphere of warmth and friendliness?
- Are social services available? What kind of assistance is provided?

Continence

- What is the facility's toileting program?

Care

- How does the facility use physical and chemical (psychotropic drugs) restraints?
- Who will be the resident's attending physician? Is he or she readily available?

- Are mental health services available and delivered as needed?
- Are residents well groomed?
- Will the facility meet all of the person's care needs for therapy and other specialized services?
- Are staff trained in preventive and oral hygiene care? Is care provided daily?
- Are residents and their family members encouraged to participate in forming the plan of care?

Residents' Rights

- Are residents treated with dignity and respect?
- Are privacy needs met?
- Were you given information about other resident rights?

Activities

- Do residents appear active and involved in life in the facility?
- Is there a regular program of activities?
- Is there a qualified staff person to coordinate activities?
- Are their joint activities for residents and families?

Transfers and Discharge

- Did the facility explain when transfers are required?

- Are residents transferred or discharged from the facility when their money runs out?
- Are residents transferred or discharged from the facility when their care needs increase?

Family Involvement

- How are families involved?
- Does the facility involve the family in creating a comprehensive, individualized care plan?
- Are family members allowed to make treatment decisions? Under what circumstances?
- Is there an active family council?

For more information please call our toll-free number at **1-866-485-9393**