

Person- Centered



F553 Person-Centered Plan of Care

The right to participate in the development and implementation of his or her person-centered plan of care.

How to engage the residents at a Resident Council Meeting:

- ⇒ Do you know you have an individual person-centered care plan?
 - A Person-Centered care plan should be a reflection of who you are and what is important to you. Have you thought about what is important to you and what you prefer your life in the nursing home to be like?
- ⇒ Do you have control over your daily schedule? What would you do differently if you had a choice?
- ⇒ Do you attend care conferences?
 - You have a right to attend your care conference and be involved in the care plan process.
- ⇒ You can change your care plan at any time.
- ⇒ What you can do to make sure you have a person-centered care plan
 - Request a copy of your care plan.
 - Rewrite your care plan to include what you want in your words.
 - Attend your care conferences.
 - Ask to meet with the social worker to discuss your preferences. Every preference is important.

Definition of Person-Centered

Person-centered care means the facility focuses on the resident as the center of control, and supports each resident in making his or her own choices. Person-centered care includes making an effort to understand what each resident is communicating, verbally and nonverbally, identifying what is important to each resident with regard to daily routines and preferred activities, and having an understanding of the resident's life before coming to reside in the nursing home.

Person-Centered Care Plan Example

- **I value my dignity, privacy and appreciate when others are respectful. Please talk with me as an adult and ask me questions about myself. Communication is very important to me.**