



## Protecting Your Residents

Use person-centered care to keep residents safe from sexual predators:

- Get to know your residents so you can recognize unusual behaviors or moods.
- Know and understand the signs and symptoms of abuse, neglect, and exploitation.
- Be especially aware of your residents who may be most vulnerable.
- If you notice any possible signs or suspect that a resident has been sexually abused, report your suspicions, immediately!
- Don't be afraid to ask for help when you feel overwhelmed—providing self-care and managing your stress benefits everyone!

**Elder Abuse helpline/hotline:  
(800) 677-1116**

**WORKING  
TO PROTECT  
OUR  
RESIDENTS**



**It's up to all of us to help protect our vulnerable older adults!**

(Some of the information in this issue was obtained from <https://www.nursinghomeabuse.org/articles/4-nursing-home-sexual-abuse-statistics/>)

## To Report Abuse, Neglect, or Exploitation

Of a nursing home resident by a staff member:  
Call State of Michigan LARA: **(800) 882-6006**

Of an adult living anywhere in the community or an adult in a nursing home, if the abuse is by anyone who is *not* a staff member:

**Adult Protective Services (APS) Centralized Intake:  
(855) 444-3911**

If you think a crime has occurred: Call your local police/sheriff department (and LARA)

A BIG  
*thank  
you*  
♥

**It takes courage  
to stand up for  
vulnerable adults  
and your efforts  
are appreciated!**

## For More Information

Long Term Care Ombudsman: (517) 394-3027  
Tri-County Office on Aging: (800) 405-9141

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